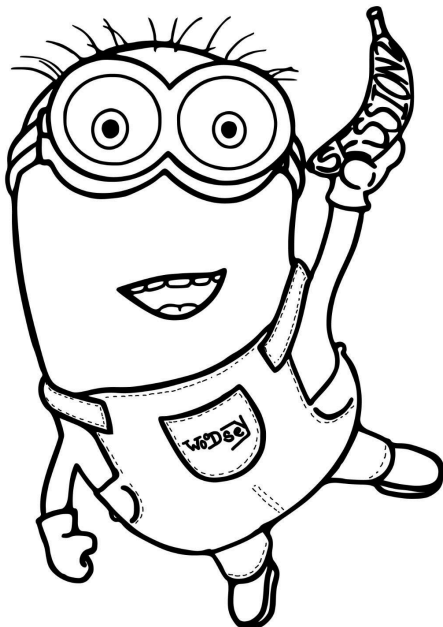


# minion session

UNICAMP · JUNE 30TH - JULY 7TH 2024



# CRASHBOOK

Session 2, 2024

*This survival guide is mine to love, cherish, and keep forever. It has all of my essential info for camp, and I promise to never, ever, EVER lose it.*

---

Name

# Notes

## ♥ ENCOURAGEMENT FROM LSHIP ♥

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Hi all! The Minion Session™ is finally here! All of the time you have spent attending training meetings, learning how to make Woodsey bling, fundraising, remembering to say *biffy* instead of the other word, and getting to know other members of the session have led up to today! I am so excited for you to experience the Woodsey magic and to see the impact you have on our campers! But remember that you can't pour from an empty cup (quote stolen from Aspen), so please talk to LSHIP whenever you need to take space to talk or decompress.

MWL,

**Whiskers**

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Minions of Session 2! I am so incredibly proud of every single one of you. You each bring different characteristics, passions, and interests that combine to create such a special environment full of inspiration, kindness, and fun. I literally do not know how to describe the joy that you all bring me and I am so excited to see all your hard work pay off for your campers. The mountain and the kiddos may throw some curveballs your way, but I have the utmost trust in your abilities to serve your campers and make camp the best week ever! Remember, radio us for literally anything you need, have fun, and ROCK AND ROLL!!! LETS GOOOO!!!

MWL,

**Aspen**

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♪Birds of a feather we stick together!♪ AHHH MINIONS, so much love, laughter, and tears have been poured into making the best plan to steal the moon (creating the best week of camp E-V-E-R)!! I am honored to have witnessed each of you bloom into unique and spectacular woodseys. I smile with pride looking at you, the campers will 100% adore you just as much as I do. Thank you for singing songs and playing games with LSHIP. May you all make Camp Pine Mountain your home away from home, we are one woodsey call away please reach out if you need anything, take care!! ♥

MWL,

**Pink Daisy**

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Hey my amazing and despicable MINIONS! I am so proud to see how far you've all come. I had so much fun seeing you all grow and become the amazing counselors I know you can be. This week will be a lot but never forget that you have what it takes. You are all confident, brave, smart, and kind. These kids are gonna love y'all!!! Please don't forget that LSHIP is here for you and please take care of yourselves this week!!!

Can't wait to see what you all do!

MWL,

**Xochitl**

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# DAY 1: Sunday, June 30th

*THEME: Session Pride (Wear your session shirt)*

**7:00 AM:** Meet @ bus pickup

**9:00 AM:** Begin camper check-in

- ★ Health screening & lice check
  - ★ Medication intake
  - ★ Luggage labels
- 

**10:30 AM:** Buses begin heading to Camp Pine Mountain!

- ★ Eat lunch on buses. Separate food from paper waste
- 

**12:30 PM:** Buses begin arriving at Camp Pine Mountain!

- ★ OCP stay on the bus to help unload luggage

**1:00 PM:** Welcome campers @ campfire

- ★ Sort campers into units
  - ★ Put belongings in cabins
  - ★ Make cabin agreements poster (use positive phrasing!)
  - ★ Take phones, food, scented items, etc.
    - Phones and scented items go to LSHIP
    - Trash cans @ lodge
    - Give meds to medic (& put your meds in the lock box!)
  - ★ Decorate unit flag
  - ★ Camp tour & meal procedures/duties
- 

**5:45 PM:** 1st Line-up

- ★ CORPS: Review meal procedures/duties

**6:00 PM:** Dinner (bring completed unit roster & pre-surveys/pencils)

- ★ Don't forget grace!

**6:45 PM:** Dinner duties:

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**7:15 PM:** Get ready in cabins

- ★ Change into warm clothes ~

**8:00 PM:** Opening campfire

**9:45 PM:** Cabin chats, get ready for bed

**10:30 PM:** ✧ Lights out! ✧

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**10:45 PM:** Counselor campfire #1 & #2

- ★ Campfire #1: 10:45 PM
- ★ Campfire #2: 11:15PM

# DAY 2: Monday, July 1st

THEME: Dress Like a Minion

**6:00 AM:** *Optional morning - **Meditation/Yoga***

**7:00 AM:** Wake up! ☀️

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**7:55 AM:** Line-up

**8:00 AM:** Breakfast

**8:45 AM:** Breakfast duties

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**9:00 AM:** Rotation #1

**10:00 AM:** Rotation #2

**11:00 AM:** Rotation #3

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**11:55 AM:** Line-up

**12:00 PM:** Lunch

**12:45 PM:** Lunch duties

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**1:00 PM:** Rotation #4

**2:15 PM:** Rotation #5

**3:30 PM:** Snack

**4:00 PM:** Village Rotation

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**5:30 PM:** Cabin time

**5:55 PM:** Line-up

**6:00 PM:** Dinner

**6:45 PM:** Dinner duties

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**7:00 PM:** Get ready in cabins

**8:00 PM:** Night Activities

★ Youngest: Trivia/Game Show Night

★ Oldest: Night hike

**9:30 PM:** Cabin chats, get ready for bed

**10:30 PM:** ✧ Lights out! ✧

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**10:45 PM:** Counselor campfire **#1 & #2**

★ Campfire #1: 10:45 PM

★ Campfire #2: 11:15PM

# DAY 3: Tuesday, July 2nd

THEME: UCLA Merch!

**6:00 AM:** *Optional morning activity - Morning Hike*

**7:00 AM:** Wake up! ☀️

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**7:55 AM:** Line-up

**8:00 AM:** Breakfast

**8:45 AM:** Breakfast duties

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**9:00 AM:** Rotation #1

**10:30 AM(ish):** WALL send-off @ Lodge

**10:45 AM:** Rotation #2

---

**11:55 AM:** Line-up

**12:00 PM:** Lunch

**12:45 PM:** Lunch duties

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**1:00 PM:** Rotation #3

**2:15 PM:** Rotation #4 (Camper Choice Rotation)

**3:30 PM:** Snack

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**4:00 PM:** Thrift Day @ the Lodge

**5:45 PM:** Cabin time

**5:55 PM:** Line-up

**6:00 PM:** Dinner

**6:45 PM:** Dinner duties

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**7:00 PM:** Get warm for Night Programs

**8:00 PM:** Night Activities

★ Youngest: Night Hike

★ Oldest: Karaoke

**9:45 PM:** Cabin chats, get ready for bed

**10:30 PM:** ✧ Lights out! ✧

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**10:45 PM:** Counselor campfire #1 (*alternate with your co!*)

# DAY 4: Wednesday, July 3rd

THEME: *Superhero Day*

**6:00 AM:** *Optional morning activity- Zumba!*

**7:00 AM:** Wake up! ☀️

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**7:55AM:** Line-up

**8:00 AM:** Breakfast

**8:45 AM:** Breakfast duties

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**9:00 AM:** Rotation #1

**10:30 AM:** Rotation #2

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**11:55 AM:** Line-up

**12:00 PM:** Lunch (Fashion Show)

**12:45 PM:** Lunch duties

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**1:00 PM:** Rotation #3 (Cabin Choice Rotation)

**2:15 PM:** Rotation #4 (Camper Choice Rotation)

**3:30 PM:** Snack

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**4:00 PM:** Village Rotation

**5:45 PM:** Cabin time

**5:55 PM:** Line-up

**6:00 PM:** Dinner

**6:45 PM:** Dinner duties

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**7:00 PM:** Get ready for Night Programs

**8:00 PM:** Night Activities

★ Youngest: Karaoke

★ Oldest: Trivia/Game Show Night

**9:30 PM:** Cabin chats, get ready for bed

**10:30 PM:** ✧ Lights out! ✧

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**10:45 PM:** Counselor campfire #2 (if you didn't go yesterday)

# DAY 5: Thursday, July 4th

THEME: Match with your Co/Coze!

**6:00 AM:** *Optional morning activity- **Polar Bear Plunge!***

**7:00 AM:** Wake up! ☀️

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**7:55 AM:** Line-up

**8:00 AM:** Breakfast

**8:45 AM:** Breakfast duties

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**9:00 AM:** Rotation #1

**10:35 AM:** Rotation #2

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**11:55 AM:** Line-up

**12:00 PM:** Lunch

**12:45 PM:** Lunch duties

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**1:00 PM:** Rotation #3 (Cabin Choice Rotation)

**2:15 PM:** Rotation #4 (Camper Choice Rotation)

**3:30 PM:** Snack

**4:00 PM:** Village Rotation

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**5:40 PM:** Cabin time

**5:55 PM:** Line-up

**6:00 PM:** Dinner

**6:45 PM:** Dinner duties:

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**7:00 PM:** Get ready for Talent Show

**8:00 PM:** Talent Show @ the Lodge

**9:45 PM:** Cabin chats, get ready for bed

**10:30 PM:** ✧ Lights out! ✧

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**10:45 PM:** *Mandatory Counselor campfire #1 & #2*

★ Campfire #1: 10:45 PM

★ Campfire #2: 11:15PM



# DAY 6: Friday, July 5th

THEME: Tie Dye Day

**6:00 AM:** *Optional morning activity - Drawing Self Portraits with Xochitl*

**7:00 AM:** Wake up! ☀️

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**7:55 AM:** Line-up

**8:00 AM:** Breakfast

**8:45 AM:** Breakfast duties:

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**9:00 AM:** Rotation #1

**10:45 AM:** Rotation #2

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**11:55 AM:** Line-up

**12:00 PM:** Lunch

**12:45 PM:** Lunch duties:

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**1:00 PM:** Minion Training Day!

**3:30 PM(ish):** WALL Return & Snack

**4:00 PM:** Rotation #3 (Camper Choice Rotation)

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**5:15 PM:** Cabin time

**5:55 PM:** Line-up

**6:00 PM:** Dinner

**6:45 PM:** Dinner duties

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**7:00 PM:** Get ready for Dance

**8:00 PM:** Dance @ Lodge + Counselor duties

**10:00 PM:** Cabin chats, get ready for bed

**10:30 PM:** ✧ Lights out! ✧

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**10:45 PM:** Counselor campfire (**optional**)

# DAY 7: Saturday, July 6th

THEME: Dress like a Purple Minion

**6:00 AM:** *Optional morning activity - **get some Z's!! (sleep in)***

**7:00 AM:** Wake up! ☀

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**7:55 AM:** Line-up

**8:00 AM:** Breakfast

**8:45 AM:** Breakfast duties

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**9:00 AM:** Rotation #1

**10:00 AM:** Rotation #2

**11:00 AM:** Rotation #3 (Cabin Choice Rotation)

---

**11:55 AM:** Line-up

**12:00 PM:** Lunch

**12:45 PM:** Lunch duties

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**1:30 PM:** Rotation #4 (Camper Choice Rotation)

**2:30 PM:** Alumni Day & Snack

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**5:00 PM:** Cabin time + prepare skit for Campfire

**5:55 PM:** Line-up

**6:00 PM:** Dinner

**6:45 PM:** Dinner duties

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**7:00 PM:** Get ready for Campfire

**8:00 PM:** Closing campfire + WALL storytime

**10:00 PM:** Cabin chats, get ready for bed + pack as much as you can!

**10:45 PM:** ✧ Lights out! ✧

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**10:45 PM:** *Mandatory Counselor campfire #1 & #2*

★ Campfire #1: 10:45 PM

★ Campfire #2: 11:15PM

# DAY 8: Sunday, July 7th

THEME: Session Shirts

**6:30 AM:** Wake up! ☀️ (no morning activity)

- ★ PACK LUGGAGE
  - ★ Take luggage to tarps
- 

**7:45 AM:** Line-up

**8:00 AM:** Breakfast

- ★ Meds given back (take your camper to put them in their luggage while you're watching. Don't let campers have access to their meds!)

**8:45 AM:** Breakfast duties:

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**9:10 AM: CABIN CLEAN-UP**

- ★ Sweep & clean cabin
- ★ Clean biffy and take out trash
- ★ Complete post-surveys
- ★ Sanitize mattresses

**\*\*WAIT FOR STAFF APPROVAL BEFORE LEAVING CABIN\*\***

**10:30 AM:** Closing Chapel with your cabins

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**11:45 AM:** Line-up

**12:00 PM:** Lunch

**12:45 PM:** Lunch duties:

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**1:00 PM:** Busses Arrive to Camp Pine Mountain

- ★ OCP help load luggage on busses
  - ★ Sit with your unit on your assigned bus
- 

**3-5 PM:** Arrive in Westwood!

- ★ Stay until the last camper leaves
  - ★ Don't forget to give back rescue meds (inhalers, epi-pens, ...)
  - ★ Closing Chapel with Session
- 

**5-9 PM:** Get some rest and get *READY!*

# Cabin Roster ☺

Unit: \_\_\_\_\_

Real name	Camp name	Age & Pronouns	Notes

*Note allergies, belongings taken, dietary restrictions, meds, etc.*

# Radio Channels

*Always have your radio on you and keep it charged!*

1 - Volunteers

3 - LSHIP ♥

2 - OCP (CLIMB, CORPS, & WALL)

4 - Staff

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## Tips & Reminders

- ★ *They don't care what you know until they know that you care*
  - ★ Tone set! You must be firm. Be a counselor first, then a friend.
  - ★ Debrief everyday — with your campers and with your coze.
  - ★ Keep your LSHIP informed.
  - ★ Ask for help.
  - ★ Remember: Disciplining and yelling are different.
  - ★ Trust in yourself and your abilities.
  - ★ Maintain a united front.
  - ★ Everyone makes mistakes.
  - ★ Kids are kids. Have fun!
  - ★ Be honest with your campers.
  - ★ Stay positive, and be supportive of everyone around you.
  - ★ **Rule of three! NEVER be alone with your campers!**
- 

## FIRST MEETING CHECKLIST

- Complete UNIT ROSTER in your crashbook and on an extra copy (turn into Blitzen at dinner) + collect medications
- Have campers complete their pre-surveys
- Grace Period: Turn in all heinous items to LSHIP. Electronics and scented items will be returned at the end of camp.
- Eat food or throw it away at the lodge (pour liquids down the sink)
- Check if your campers forgot necessities (sleeping bag, water bottle, toothbrush, etc.) and let LSHIP know by *dinner*
- Develop AGREEMENTS (*use positive phrasing!*). Write them down and have everyone sign them.
- Run an ICEBREAKER! (ex. 2 truths and 1 lie, speed dating, etc.)

# Emergency Lingo

**Storm** = Bear

**Noodle** = Snake

**Thunder** = Mountain Lion

**Spicy Noodle** = Rattlesnake

**Rabbit** = Runaway Camper

*Radio these all to staff right away!*

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## Emergency Procedures

If an EMERGENCY ALARM sounds:

- Stay calm.
  - Drop everything you're doing, even if you're in the biffy!
  - Count your campers.
  - Meet at the emergency meeting place in the parking lot quickly and quietly (don't forget to WALK)
  - Count your campers again and wait quietly and calmly for further instructions
- 

## Camper Safety

- ★ NO FOOD OUTSIDE THE LODGE. Check luggage and sleeping bags.
    - Food attracts small animals, small animals attract bigger animals!
  - ★ Make sure campers wash up before meals and bedtime, or after river/lake activity.
    - Baby wipe baths are essential #selfcare!
  - ★ DO NOT DRINK WATER FROM THE RIVER. You will get sick.
    - Make sure your campers are constantly DRINKING WATER & eating adequate food @ mealtimes
  - ★ Know where the highway is and KEEP CAMPERS AWAY FROM IT
- 

## Questions to Ask a Challenging Camper

Be patient and understanding, but also remember to be firm. You can ask:

- ★ What are you trying to get by doing that?
- ★ If you got it, how would that make you feel and what would you do?
- ★ If I could teach / show you a better way to get that without getting into trouble, would you like to learn it?

# Meals Reminders

- ★ During line up, make sure at least one counselor is on each end of the line
- ★ Make sure to serve your campers with dietary restrictions the right meal!!
- ★ Remind everyone to say **“please”** and **“thank you”** to Kitchen Staff.
- ★ Always say **“grace”** before every meal.
- ★ Return unopened milk **before the seconds bell rings**.
- ★ Send any campers that need **medications** to see the nurse.
- ★ Start sending campers for seconds AFTER K-Staff rings the seconds bell. Make sure only **ONE person per UNIT** is in line and that everyone WALKS! (this applies for ‘Last Call’ as well)

## SPECIALIST DUTY SCHEDULE

Day	Sun	M	M	M	Tu	Tu	Tu	W	W	W	
Meal	D	B	L	D	B	L	D	B	L	D	
Meal Servers	Sun Sun & Frogs	Gummy Bear & Oso	Rootbeer & Otter	Skittles & Firefly	Roadrunner & Frogs	Sun Sun & Gummy Bear	Curly & Firefly	Rootbeer & Roadrunner	Bubbles & Scooba	Rootbeer & Curly	
Pots & Pans	Gummy Bear	Firefly	Sun Sun	Scooba & Curly	Bubbles	Oso	Rootbeer & Otter	Skittles	Roadrunner	Otter & Bubbles	
Day	Th	Th	Th	F	F	F	S	S	S	Sun	Sun
Meal	B	L	D	B	L	D	B	L	D	B	L
Meal Servers	Skittles & Rootbeer	Oso & Roadrunner	Frogs & Gummy Bear	Sun Sun & Firefly	Frogs & Skittles	Curly & Bubbles	Skittles & Roadrunner	Gummy Bear & Bubbles	Oso & Rootbeer	Otter & Sun Sun	Scooba & Gummy Bear
Pots & Pans	Otter	Firefly	Roadrunner & Bubbles	Oso	Gummy Bear	Otter	Frogs & Scooba	Firefly	Sun Sun	Frogs & Curly	Curly

## CABIN DUTY SCHEDULE

Day	Sun	M	M	M	Tu	Tu	Tu	W	W	W	
Meal	D	B	L	D	B	L	D	B	L	D	
Lodge PP	W	C	9	8	7	1	8	C	9	C	W=Wall
Upper Trail PP	1	W	C	9	8	2	1	9	C	8	C=CLIMB
Lower Trail PP	2	1	W	C	9	3	2	1	8	9	
Boys BIFFY	3	2	1	W	C	5	3	2	7	4	
Girls BIFFY	4	3	2	1	W	6	4	7	6	5	
Lodge Tables	5	4	3	2	4	7	6	8	5	6	
Sweep Lodge (& mop @ Dinner)	6+7	5+6	4+8	5+7	3+6	C	9	4	3	7	
Dishes	8+C	9+7	6+5	4+3	2+1	9+8	C+7	5+6	1+4	2+3	
Day	Th	Th	Th	F	F	F	S	S	S	Sun	Sun
Meal	B	L	D	B	L	D	B	L	D	B	L
Lodge PP	1	C	6	9	8	1	9	8	7	W	1
Upper Trail PP	2	1	C	2	9	2	1	9	8	4	2
Lower Trail PP	3	2	7	C	5	3	2	1	9	5	3
Boys BIFFY	4	3	9	8	7	4	3	2	3	6	4
Girls BIFFY	5	4	1	6	4	C	5	W	5	7	5
Lodge Tables	6	5	2	5	3	6	6	4	6	8	6
Sweep Lodge (& mop @ Dinner)	7	8	3	4	1	7	8	7	W	9+C	7+8
Dishes	9+8	7+6	5+4	1+3	2+C	9+8	W+7	6+5	4+1	2+3	W+9

# DANCE DUTIES

Time	Near Door	Far Door	Outside & BIFFY Runs
Start-8:30p	Sun Sun, Gummy Bear, Scooba	Otter, Skittles	Bubbles, Frogs
8:30-9p	Sir Lady Bibbles, Peanut	Cha Cha, Lost & Found	Starlight, Bolly, Firefly
9-9:30p	Starfire, Maple	Ninja, Oso	Veil, Sunshine
9:30-End	Sequoia, Rootbeer	Big Fudge, Roadrunner	Bear, Curly

**If you're not scheduled, then you're on flashlight duty! Best duty ever!!!**

## Duty Reminders

### Pollution patrol

1. Walk the length of your assigned area with a trash bag, picking up trash along the way.
2. Throw away the trash in the dumpster.

### Lodge duty

1. Pick up trash around the lodge.
2. Grab brooms from the outside. Ask UniCorps for their location in the CORPS closet.
3. Sweep the lodge after lunch. Sweep *and mop* the lodge after dinner.

### Tables

1. Grab the bucket of yellow and green sponges.
2. Fill the bucket with water and soap.
3. Wipe down all of the lodge tables.

### Biffy Duty

1. Pick up trash from floors. Take the trash out to the dumpster.

2. Sweep the floors.
3. Spray the inside of the biffy bowl with the cleaner and scrub with the **long/toilet brush**.
4. Spray the sinks with the cleaner and scrub with the **short brush** and water.

### General Tips

- Keep your cabin clean and ask LSHIP/UniCorps if you need any supplies for any duties!
- Avoid biffy runs, stops to the water fountain, camp jams, and medic visits during duties! Go during the meal or after you're done.
- Make duties fun! Sing songs, make it a competition, play mind games/riddles!
- Make sure everyone is doing their fair share of the work! All units have an equal distribution of duties.
- Thanks for doing your duties and encouraging your campers to do them! They keep camp up and running!



# Choice Rotation Form

## Wednesday, July 3rd

**Camper Choice Rotation Options:** Mountain biking, self-defense, pool, STEM, archery, arts and crafts, rec, pool, nature

Camper Name	Top Choice	Second Choice

### Whole Cabin Requests:

**Options:** Off (cabin time/rest), pool, STEM, archery, arts and crafts, rec, nature

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

# Choice Rotation Form

## Thursday, July 4th

**Camper Choice Rotation Options:** Mountain biking, self-defense, pool, STEM, archery, arts and crafts, rec, pool, nature

Camper Name	Top Choice	Second Choice

**Options:** Off (cabin time/rest), pool, STEM, archery, arts and crafts, rec, nature

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

# Choice Rotation Form

## Friday, July 5th

**Camper Choice Rotation Options:** Mountain biking, self-defense, pool, STEM, archery, arts and crafts, rec, pool, nature

Camper Name	Top Choice	Second Choice

**Options:** Off (cabin time/rest), pool, STEM, archery, arts and crafts, rec, nature

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

# Choice Rotation Form

## Saturday, July 6th

**Camper Choice Rotation Options:** Mountain biking, self-defense, pool, STEM, archery, arts and crafts, rec, pool, nature

Camper Name	Top Choice	Second Choice

**Options:** Off (cabin time/rest), pool, STEM, archery, arts and crafts, rec, nature

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

# Notes

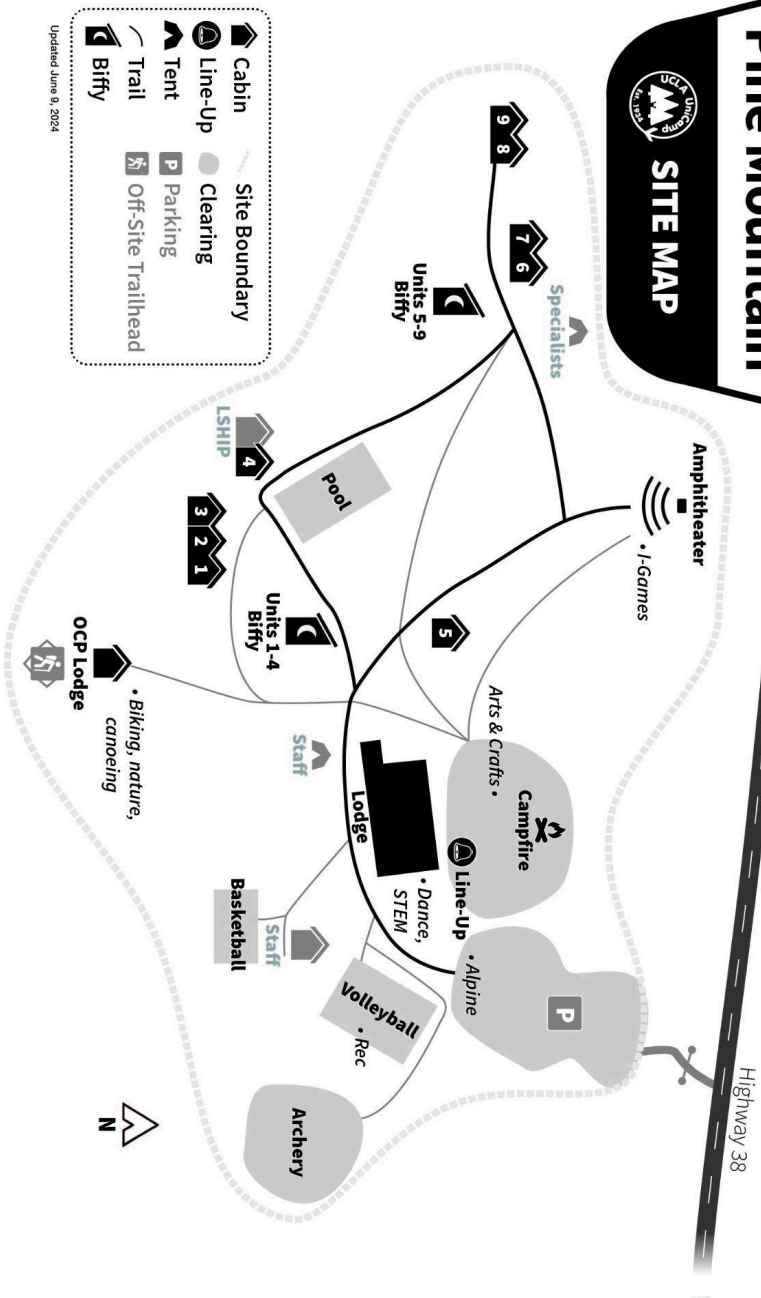
# Notes

# Notes

# Camp Pine Mountain



## SITE MAP



	Cabin		Site Boundary
	Line-Up		Clearing
	Tent		Parking
	Trail		Off-Site Trailhead
	Biffy		

Updated June 9, 2024

