



Our Quirks, Our Stories, Our Gifts VOL. i, ED. 2024

Storyteller Academ1a

Session 1 Crashbook | June 23-30, 2024

This survival guide is mine to love, cherish, and keep forever. It has all of my essential info for camp, and I promise to never, ever, EVER lose it.

Name

Get to Know Your LSHIPI



hi, my name is Todoroki!

Favorite Snack: A nice watermelon with limón and tajin<3 Favorite Song: Eternal Sunshine by Ariana Grande Favorite Movie: Saltburn Hobbies: So far I'm in my fitness journey era, so catch me

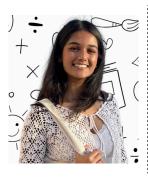
weightlifting, but also volleyball, maybe a run or two, maybe climbing, and trying to get back at dancing! Otherwise most of the time I do work and school, so getting to play my Switch is EVERYTHING! Obsessed with the Paper Mario: Thousand Year Door remake!

Hey besties! It's me Grogu!

Favorite Snack: TurboFlamas or Hot Cheetos w/Limon <3 Favorite Song: "Satellite" by Harry Styles Favorite Movie: Hunger Games Series Hobbies: Plant Dad, visiting new places to eat with friends, attending concerts, hiking new trails, traveling, listening to music, going to Disneyland, chilling at the beach, chicken tender enthusiast, coffee lover, & Apple Music/Canva Premium user



True or False? Fish cannot blink (hit me up for the answer).



You know who it is! It's Swiss Cheese!

Favorite Snack: (Trader Joe's) Takis!! Favorite Song: Alter Ego by Tame Impala Favorite Movie: 10 Things I Hate About You Hobbies*: Thrifting, museums, spotify playlist making, trying new foods, traveling, hiking, unsolicited advice, deuxmoi, concert going, painting, reading, tree hugging, stress cleaning, sleeping, writing, scheming, plotting, experimenting, research * (ask me about any of them!)

Oh hi pookies! K's Séance here!

Favorite Snack: Flan or Xtra Hot Cheetos!!!!

Favorite Song: Vampires Will Never Hurt You by My Chemical Romance X__X

Favorite Movie: Saw (2004) >_<

Hobbies: tarot, astrology, graphic design, sleeping, anything DIY, video games, punk shows, making playlists, exploring, taking risks, pushing my limits, inspiring others, crying, reading manga,

watching anime, doomscrolling, bedrotting, becoming a vampire at night.



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💥 A Word from Swiki Grosé 💥

What an honor it's been to serve as your Session Program Director. To see each of you grow has been so exciting and I cannot wait for each of you to embark on this journey! Thank you for all the time and energy you've pumped into this session. Remember to take time and enjoy every second of it, and remember why you decided to do UniCamp. Something drew you into this space, lean on it, and make sure the kids have an incredible time. You all have the collective wisdom! YOU HAVE IT! Go out there and shine all-stars. ALL FOR ONE, AND ONE

FOR ALL!

MWL Todoroki!

Hello Session 1! There are no words to describe how incredibly grateful I am to have gotten to have served as your LSHIP and watching all of you grow and tell your own story as courageous, inspiring, and magical counselors! Can you believe that it has been over 130 days & 100+ hours of training since our first meeting? Neither can I. Before I begin, I want to acknowledge and thank you for all the hard work, dedication, and passion you have all displayed leading up to this moment. Together, we have cried, laughed, asked for help (well, only Maverick), & ultimately, we became a *familia*! We've made so many memories & friendships along the way which have truly made this, *Session 1 Best 1*! This is your moment to enjoy the nature surrounding us, to listen to the crickets at night and see your campers enjoying the campsite. There will be moments where it may be difficult, however I ask you to remember who is around you, your fellow Woodseys who are here to support you in any way they can, including LSHIP! I am truly proud of every single one of you & I hope y'all can love & spread the Woodsey magic, as many have before you!

MWL, Grogu!

My dearest Session 1, we made it! Our week of camp is finally here and I have never been more proud of you all for persevering in the face of adversity and your dedication to not only UniCamp, but to your own growth and stories as well! As you experience your week of camp alongside your campers, never forget that it was YOU who put in the work to make this possible for all of the bright, resilient, and creative minds you are about to meet. Take the opportunity this week and allow your campers to teach you how to be the best leaders you can be! After all, I learned from you all and I feel nothing but confidence that you will make this an unforgettable week for not only your campers, but UniCamp as a whole. (p.s., have fun, I'm here for you, and consider letting this week change your life.) <3

MWL, Séance!

OUR WEEK OF CAMP IS FINALLY HERE, SESSION 1!!! And I could not be more proud of, confident in, and inspired by each and every one of you. All of you have so diligently trained, fundraised, and programmed for this very moment!! Your campers are beyond lucky to have such capable and compassionate leaders as role models. Enjoy every second of what this week has to offer and all the Woodsey magic I'm sure you'll create! I am so grateful to share this session with you. Come find me if you need a break, a hug, a hype woman, a snack, a shoulder, an extra hand, a funny story, tea, words of encouragement and everything in between. Have so much fun and enjoy the privilege it is to be outdoors! YOU KNOW I WOODSEY LOVE THE LIVING HEINOUS OUT OF ALL OF YOU!!! All for one and one for all! **Swiss Cheese!**

DAY 1: Sunday, June 23rd

THEME: The Sesh 1 Prologue (Wear your session shirt)

6:00 AM: Meet @ bus pickup
9:00 AM: Begin camper check-in
★ Health screening & lice check
★ Medication intake
★ Luggage labels
10:30 AM: Buses begin heading to Camp Pine Mountain!
★ Eat lunch on buses. Separate food from paper waste!
12:30 PM: Buses begin arriving at Camp Pine Mountain!
★ OCP stay on the bus to help unload luggage
1:30 PM: Welcome campers @ campfire
★ Sort campers into units
★ Put belongings in cabins
★ Make cabin agreements posters (use positive phrasing!)
★ Take phones, food, scented items, etc.
 Phones and scented items go to LSHIP
 Trash cans @ lodge Cive mode to the modie (% put your mode in the lock bayl)
 Give meds to the medic (& put your meds in the lock box!) ★ Decorate unit flag
★ Camp tour & meal procedures/duties
 3:30 PM: "Storyteller Academia Orientation" Tour & Scavenger Hunt 5:45 PM: 1st Line-up @ Lodge ★ CORPS: Review meal procedures/duties 6:00 PM: Dinner (bring completed unit roster & pre-surveys/pencils) ★ Don't forget grace! 6:45 PM: Dinner duties:
 7:15 PM: Get ready in cabins ★ Change into warm clothes ~ 8:00 PM: Opening campfire 9:45 PM: Cabin chats, get ready for bed 10:30 PM: ♦ Lights out! ♦
10:45 PM: Counselor campfire #1 & #2 ★ Campfire #1: 10:45 PM ★ Campfire #2: 11:15PM

DAY 2: Monday, June 24th

THEME: Hello! My name is... (Dress as your camp name)

6:00 AM: Optional Morning Activity - Zumba
7:00 AM: Wake up! 🔆
7:55 AM: Line-up @ Lodge
8:00 AM: Breakfast
8:45 AM: Breakfast duties
9:30 AM: Unit Time (Complete Unit Flags & Additional Bonding Time)
10:45 AM: Rotation #1
11:55 PM: Line-up @ Lodge
12:00 PM: Lunch
12:45 PM: Lunch duties
1:00 PM: Meet the Mann Alumni
2:30 PM: Rotation #2
3:30 PM: Snack time
4:00 PM: Rotation #3
5:15 PM: Cabin time
5:55 PM: Line-up @ Lodge
6:00 PM: Dinner
6:45 PM: Dinner duties
7:15 PM: Get ready in cabins
8:00 PM: Night Activities
★ Youngest: Night Hike to Shadow Puppet Show
★ Oldest: "Pie a Woodsey" Trivia Night
9:45 PM: Cabin chats, get ready for bed
10:30 PM: ♦ Lights out! ♦
10:45 PM: Counselor campfire #1 (alternate each day with your co!)

DAY 3: Tuesday, June 25th

THEME: The Geeks, The Jocks, and the Mathletes (Nerdy or Sporty attire)

6:00 AM: No Morning Activity - get some rest!
7:00 AM: Wake up! 🔆
7:55 AM: Line-up @ Lodge
8:00 AM: Breakfast
8:45 AM: Breakfast duties
9:30 AM: Rotation #1
10:45 AM: Rotation #2 (WALL Send-off)
11:55 AM: Line-up @ Lodge
12:00 PM: Lunch
12:45 PM: Lunch duties
1:30 PM: Rotation #3
2:30 PM: Rotation #4
3:30 PM: Snack time
4:00 PM: Rotation #5
5:15 PM: Cabin time
5:55 PM: Line-up @ Lodge
6:00 PM: Dinner
6:45 PM: Dinner duties
7:15 PM: Get warm for Night Programs
8:00 PM: Night Activities
★ Oldest: Night Hike to Shadow Puppet Show
★ Youngest: "Pie a Woodsey" Trivia Night
9:45 PM: Cabin chats, get ready for bed
10:30 PM: ♦ Lights out! ♦
10:45 PM: Counselor campfire #2

DAY 4: Wednesday, June 26th

THEME: A Picture is Worth 1000 Words (Outfit referencing a Childhood Photo)

6:00 AM: Optional Morning Activity: Let's take a hike together!
7:00 AM: Wake up! 🔆
7:55AM: Line-up @ Lodge
8:00 AM: Breakfast
8:45 AM: Breakfast duties
9:30 AM: Rotation #1
10:45 AM: Rotation #2
11:55 AM: Line-up @ Lodge
12:00 PM: Lunch
12:45 PM: Lunch duties
1:30 PM: Rotation #3
2:30 PM: Counselor Fashion Show prep time
3:00 PM: Counselor Fashion Show presented by CLIMB
3:30 PM: Snack time
4:00 PM: Unit Time - "Tell your Story"
5:55 PM: Line-up @ Lodge
6:00 PM: Dinner
6:45 PM: Dinner duties
7:15 PM: Get ready for Night Programs
8:00 PM: "The Academia Ball" Camper-Led Fashion Show
9:45 PM: Cabin chats, get ready for bed
10:30 PM: ♦ Lights out! ♦
10:45 PM: Counselor campfire #1 & #2
★ Campfire #1: 10:45 PM

★ Campfire #2: 11:15PM

DAY 5: Thursday, June 27th 🎂

THEME: Plus Ultra (Superhero attire)

6:00 AM: No Morning Activity - get some rest!
7:00 AM: Wake up! 🔆
7:55 AM: Line-up @ Lodge
8:00 AM: Breakfast
8:45 AM: Breakfast duties
9:30 AM: Rotation #1
10:45 AM: Rotation #2
11:55 AM: Line-up @ Lodge
12:00 PM: Lunch
12:45 PM: Lunch duties
1:30 PM: Rotation #3 (Choice Rotation)
2:30 PM: Rotation #4 (Choice Rotation)
3:30 PM: Snack time
4:00 PM: Unit Time + Self Care Program
5:55 PM: Line-up @ Lodge
6:00 PM: Dinner
6:45 PM: Dinner duties
7:15 PM: Get ready for the Talent Show
8:00 PM: Talent Show Extravaganza presented by CORPS
9:45 PM: Cabin chats, get ready for bed
10:30 PM: ♦ Lights out! ♦
10:45 PM: Counselor campfire #2

DAY 6: Friday, June 28th

THEME: Color Splash (Face Paint & Rainbow colors)

6:00 AM: Optional Morning Activity - Polar Plunge! 7:00 AM: Wake up! 🔆
7:55 AM: Line-up @ Lodge
8:00 AM: Breakfast
8:45 AM: Breakfast duties:
9:30 AM: Rotation #1
10:45 AM: Rotation #2
11:45 AM: Line-up @ Lodge (Woodsey Courting)
12:00 PM: Lunch
12:45 PM: Lunch duties:
1:30 PM: Rotation #3 (Choice Rotation)
2:30 PM: Rotation #4 (Choice Rotation)
3:30 PM: Snack Time + WALL Homecoming
4:00 PM: Unit Time
5:15 PM: Cabin time
5:55 PM: Line-up @ Lodge
6:00 PM: Dinner
6:45 PM: Dinner duties
7:15 PM: Get ready for MORP
8:00 PM: "Woodsey MORP!" Camp Dance
9:45 PM: Cabin chats, get ready for bed
10:30 PM:
10:45 PM: Counselor campfire #1

DAY 7: Saturday, June 29th

THEME: It's Time for a Story (Teddy Bears and PJs)

6:00 AM: Optional Morning Activity - Camper Choice 7:00 AM: Wake up! ☆
7:55 AM: Line-up @ Lodge
8:00 AM: Breakfast
8:45 AM: Breakfast duties
9:30 AM: Rotation #1
10:45 AM: Rotation #2
11:45 AM: Line-up @ Lodge (Woodsey Courting)
12:00 PM: Lunch
12:45 PM: Lunch duties
1:30 PM: "Jr. Counselor Exhibition Final Exam" Corps Led Rotations
3:30 PM: Snack time
4:00 PM: Unit Time
5:15 PM: Cabin time + prepare skit for Campfire
5:55 PM: Line-up @ Lodge
6:00 PM: Dinner
6:45 PM: Dinner duties
7:15 PM: Get ready for Campfire
7:30 PM: Closing campfire + WALL storytime
9:45 PM: Cabin chats, get ready for bed + pack as much as you can!
10:30 PM:
10:30 PM: Counselor campfire #2

DAY 8: Sunday, June 30th

THEME: The Final Chapter (Wear your session shirt)

6:00 AM: No Morning Activity - it's time to leave :(

6:30 AM: Wake up! 🔆

- ★ PACK LUGGAGE
- ★ Take luggage to tarps

7:55 AM: Line-up @ Lodge

8:00 AM: Breakfast

★ Meds given back (take your camper to put them in their luggage while you're watching. Don't let campers have access to their meds!)

8:45 AM: Breakfast duties:

9:30 AM: CABIN CLEAN-UP

- ★ Sweep & clean cabin
- ★ Clean biffy and take out trash
- ★ Complete post-surveys
- ★ Sanitize mattresses

WAIT FOR STAFF APPROVAL BEFORE LEAVING CABIN

10:30 AM: "Find your Colors" - Closing Chapel presented by LSHIP!

11:55 AM: Our last Line-up @ Lodge

12:00 PM: Lunch

12:45 PM: Lunch duties:

1:00 PM: Busses Arrive to Camp Pine Mountain

- ★ OCP help load luggage on busses

 - ★ Sit with your unit on your assigned bus

3-5 PM: Arrive in Westwood!

- ★ Stay until the last camper leaves
- ★ Don't forget to give back rescue meds (inhalers, epi-pens, ...)
- ★ Special Closing Chapel @ Drop off

5-9 PM: Get some rest and get READY hehe!

Cabin Roster 😳	
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Unit:_____

Real name	Camp name	Age & Pronouns	Notes

Note allergies, belongings taken, dietary restrictions, meds, etc.

Radio Channels

Always have your radio on you and keep it charged!

1 - Volunteers

3 - LSHIP ♥

2 - OCP (CLIMB, CORPS, & WALL)

4 - Staff

Tips & Reminders

- ★ They don't care what you know until they know that you care
- ★ Tone set! You must be firm. Be a counselor first, then a friend.
- ★ Debrief everyday with your campers and with your coze.
- ★ Keep your LSHIP informed.
- ★ Ask for help.
- ★ Remember: Disciplining and yelling are different.
- ★ Trust in yourself and your abilities.
- ★ Maintain a united front.
- ★ Everyone makes mistakes.
- ★ Kids are kids. Have fun!
- ★ Be honest with your campers.
- ★ Stay positive, and be supportive of everyone around you.
- ★ Rule of three! <u>NEVER</u> be alone with your campers!

FIRST MEETING CHECKLIST

- Complete UNIT ROSTER in your crashbook and on an extra copy (turn into Blitzen at dinner) + collect medications
- □ Have campers complete their pre-surveys
- Grace Period: Turn in all heinous items to LSHIP. Electronics and scented items will be returned at the end of camp.
- Eat food or throw it away at the lodge (pour liquids down the sink)
- Check if your campers forgot necessities (sleeping bag, water bottle, toothbrush, etc.) and let LSHIP know by *dinner*
- Develop AGREEMENTS *(use positive phrasing!)*. Write them down and have everyone sign them.
- Run an ICEBREAKER! (ex. 2 truths and 1 lie, speed dating, etc.)

Emergency Lingo

Storm = Bear

Thunder = Mountain Lion Rabbit = Runaway Camper Noodle = Snake

Spicy Noodle = Rattlesnake

Radio these all to staff right away!

Emergency Procedures

If an EMERGENCY ALARM sounds:

- → Stay calm.
- → Drop everything you're doing, even if you're in the biffy!
- → Count your campers.
- → Meet at the emergency meeting place in the parking lot quickly and quietly (don't forget to WALK)
- → Count your campers again and wait quietly and calmly for further instructions

Camper Safety

- ★ NO FOOD OUTSIDE THE LODGE. Check luggage and sleeping bags.
 - Food attracts small animals, small animals attract bigger animals!
- ★ Make sure campers wash up before meals and bedtime, or after river/lake activity.
 - Baby wipe baths are essential #selfcare!
- ★ DO NOT DRINK WATER FROM THE RIVER. You will get sick.
 - Make sure your campers are constantly DRINKING WATER & eating adequate food @ mealtimes
- ★ Know where the highway is and KEEP CAMPERS AWAY FROM IT

Questions to Ask a Challenging Camper

Be patient and understanding, but also remember to be firm. You can ask:

- ★ What are you trying to get by doing that?
- ★ If you got it, how would that make you feel and what would you do?
- ★ If I could teach / show you a better way to get that without getting into trouble, would you like to learn it?

Meals Reminders

- ★ During line up, make sure at least one counselor is on each end of the line
- ★ Make sure that your campers with dietary restrictions grab the right tray!
- ★ Remind everyone to say "please" and "thank you" to Kitchen Staff.
- ★ Always say **"grace"** before every meal.
- ★ Return unopened milk **before the seconds bell rings**.
- ★ Send any campers that need **medications** to see the nurse.
- ★ Start sending campers for seconds AFTER K-Staff rings the seconds bell. Make sure only ONE person per table is in line and that everyone WALKS!

CABIN DUTY SCHEDULE											
Day	Sun	м	м	м	Ти	Tu	Ти	w	w	w	
Meal	D	в	L	D	в	L	D	в	L.	D	
Lodge PP	W	С	9	8	7	1	8	С	9	С	W=Wall
Upper Trail PP	1	w	С	9	8	2	1	9	С	8	C=CLIMB
Lower Trail PP	2	1	w	С	9	3	2	1	8	9	
Boys BIFFY	3	2	1	w	С	5	3	2	7	4	
Girls BIFFY	4	3	2	1	w	6	4	7	6	5	
Lodge Tables	5	4	3	2	4	7	6	8	5	6	
Sweep Lodge (& mop @ Dinner)	6+7	5+6	4+8	5+7	3+6	с	9	4	3	7	
Dishes	8 + C	9+7	6+5	4+3	2+1	9 +8	C + 7	5+6	1+4	2+3	
Day	Th	Th	Th	F	F	F	5	5	5	Sun	Sun
Meal	в	L	D	В	L	D	В	L.	D	в	L
Lodge PP	1	С	6	9	8	1	9	8	7	w	1
Upper Trail PP	2	1	С	2	9	2	1	9	8	4	2
Lower Trail PP	3	2	7	С	5	3	2	1	9	5	3
Boys BIFFY	4	3	9	8	7	4	3	2	3	6	4
Girls BIFFY	5	4	1	6	4	С	5	w	5	7	5
Lodge Tables	6	5	2	5	3	6	6	4	6	8	6
Sweep Lodge (& mop @ Dinner)	7	8	3	4	1	7	8	7	w	9+C	7+8
Dishes	9+8	7+6	5+4	1+3	2 + C	9+8	W + 7	6+5	4+1	2+3	W+9

SPECIALIST DUTY SCHEDULE											
Day	Sun	М	М	W	Ти	Ти	Ти	W	W	W	
Meal	D	в	L	D	в	L	D	в	L	D	
Meal Servers	Waltuh & Snail	Rose & Blackwa ve	Rootbeer & Archy	Junebug & Iris	Roxy & Stumped y	Waltuh & Nova	Rose & Marucha n	Rootbeer & Pa	Iris & Twig	Phoenix & Rose	
Pots & Pans	Nixie & Nova	Phoenix & Marucha n	Coral & Pa	Twig & Nirre	Chicle & Snail	Nixie & Blackwa ve	Phoenix & Archy	Coral & Junebug	Nirre & Roxy	Archy & Rootbeer	
Day	Th	Th	Th	F	F	F	S	S	\$	Sun	Sun
Meal	в	L	D	в	L	D	в	L	D	в	L
Meal Servers	Pa & Junebug	Twig & Roxy	Nirre & Iris	Waltuh & Phoenix	Snail & Junebug	Rose & Iris	Junebug & Roxy	Stumped y & Chicle	Blackwa ve & Rootbeer	Archy & Marucha n	Twig & Nova
Pots & Pans	Coral & Iris	Snail & Stumped y	Roxy & Chicle	Blackwa ve & Archy	Nova & Marucha n	Twig & Nixie	Snail & Coral	Pa & Snail	Nirre & Waltuh	Nixie & Rose	Rose & Snail

DANCE DUTIES

Time	Near Door	Far Door	Outside & BIFFY Runs							
Start-8:30p	Stumpedy, Golf, Twig	Rainbow, L, Daisy	Gingersnap, Junebug, Nirre, Melody							
8:30-9p	Waltuh, Snail, Newton	Shortcake, Gnome, Mocha	Rose, Rootbeer, Coral, Dory							
9-9:30p	Meatsauce, Chicle, Ladybird	Scoob, Maruchan, Maple	Nixie, Roxy, Iris, Pa							
9:30-End	Blackwave, Neptune, Nova	Archy, Simba, Midnight	Phoenix, Periwinkle, Golf, Maple							
If you're not scheduled, then you're on flashlight duty! Best duty										
	ever!!!									

Duty Reminders

Pollution patrol

- 1. Walk the length of your assigned area with a trash bag, picking up trash along the way.
- 2. Throw away the trash in the dumpster.

Lodge duty

- 1. Pick up trash around the lodge.
- 2. Grab brooms and mops from the outside. Ask UniCorps to help set up the mop bins.
- 3. Sweep the lodge after lunch. Sweep *and mop* the lodge after dinner.

Trays

- 1. Grab a spatula for each person.
- 2. Scrape all of the trays again until there are no more food particles on the tray.
- Walk the trays over to the dish counter and make a pile for UniCorps.

Tables

- 1. Grab the bucket of yellow and green sponges.
- 2. Fill the bucket with water and soap.
- 3. Wipe down all of the lodge tables.

Biffy Duty

- 1. Pick up trash from floors. Take the trash out to the dumpster.
- 2. Sweep the floors.
- Spray the inside of the biffy bowl with the cleaner and scrub with the long/toilet brush.
- 4. Spray the sinks with the cleaner and scrub with the **short brush** and water.

General Tips

- Keep your cabin clean and ask LSHIP/UniCorps if you need any supplies for any duties!
- Avoid biffy runs, stops to the water fountain, camp jams, and medic visits during duties! Go during the meal or after you're done.
- Make duties fun! Sing songs, make it a competition, play mind games/riddles!
- Make sure everyone is doing their fair share of the work! All units have an equal distribution of duties.
- Thanks for doing your duties and encouraging your campers to do them! They keep camp up and running

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